



REPUTABLE TOURS & SAFARIS LTD

TANZANIA SAFARIS • KILIMANJARO TREKKING EXPEDITION SPECIALISTS

TALA LICENSED OPERATOR

KPAP CERTIFIED ETHICAL PARTNER

TATO MEMBER

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Date of Generation: Oct 13, 2026

KILIMANJARO TREKKING EXPEDITION

Umbwe Route

"The Steep Ridge Climber" • Mount Kilimanjaro (5,895m (19,341 ft))

ALL-INCLUSIVE RATE FROM

\$2,050

USD / PERSON (GUARANTEED)

STANDARD DURATION 7 Days / 6 Nights	MAX ELEVATION 5,895m (19,341 ft)	ROUTE DIFFICULTY Very Demanding (Steepest on Mountain)	SUCCESS RATE 88% (7-Day) / 75% (6-Day)
ACCLIMATIZATION PACING Optimal "Climb High, Sleep Low" Profile via Lava Tower (4,630m)	ACCOMMODATION STYLE Expedition Tents	BEST SEASON WINDOW January - March & June - October	STARTING DEPARTURE POINT Official National Park Gate / Moshi Hub

ABOUT THIS ROUTE • COMPREHENSIVE OVERVIEW

Conquer the thrilling Umbwe Route on Mount Kilimanjaro (7 or 6 days). The most dramatic ridge trail with non-technical scrambles, solitude, and KPAP certified mountain guides.

Tactical Route Dynamics: Climbers traverse five distinct ecological zones—from the lush, ancient montane rainforest to high heather moorland, alpine volcanic deserts, and arctic glacier summits. With our certified Wilderness First Responder guides maintaining a strict 1:2 guide-to-climber ratio, your team enjoys continuous physiological monitoring, rhythmic "Pole Pole" pacing, and dedicated camp support.

SIGNATURE ROUTE HIGHLIGHTS • KEY WAYPOINTS

? 7 Days / 6 Nights Mountain Expedition

? Crucial Karanga Camp Acclimatization Rest

? Thrilling Knife-Edge Ridge Between Two Gorges

? Spectacular Barranco Wall Scramble

? Low Trail Congestion & Untouched Solitude

? Pulse Oximeter & Emergency Oxygen Included

EXPEDITION CAMP STANDARDS • WILDERNESS COMFORT & HYGIENE

- HIGH-ALTITUDE 4-SEASON EXPEDITION TENTS:** Premium double-walled, windproof tents (Mountain Hardwear Trango / North Face VE-25) paired with 3-inch high-density insulated sleeping mattresses.
- PRIVATE CHEMICAL PORTABLE TOILET TENTS:** Dedicated, sanitary portable chemical toilet tents reserved exclusively for your party, cleaned and disinfected twice daily.
- INSULATED DINING MESS TENT:** Spacious stand-up mess tent equipped with backed chairs, folding tables, gas lanterns, and warm hand-wash basins before every meal.
- MOUNTAIN CHEF NUTRITION & PURIFIED WATER:** Three hot, freshly prepared high-carbohydrate meals daily, afternoon tea with biscuits, and unlimited chemically purified drinking water.
- MEDICAL SAFETY EQUIPMENT:** Emergency medical bottled oxygen cylinders, hyperbaric treatment kits, comprehensive wilderness first aid, and twice-daily pulse oximetry vital checks.

DAY-BY-DAY COMPREHENSIVE ITINERARY • ROUTE PROGRESSION

DAY 1 Umbwe Gate (1,600m) to Umbwe Cave Camp (2,850m)

Ascent/Descent: +1,250m ascent | Distance: 10 km (6.2 miles) | Duration: 5 - 6 hours | Habitat / Zone: Rainforest

Hike along a steep, narrow forestry track between the Lonzo and Umbwe rivers. The trail climbs sharply through mossy trees and gnarled roots to Umbwe Cave Camp.

MEALS PROVIDED	Breakfast: Lodge breakfast before gate transfer Lunch: Packed trail lunch: Roasted chicken, boiled egg, cheese sandwich, fresh fruit & juice Dinner: 3-Course freshly cooked dinner: Vegetable soup, beef stew, rice & fresh fruit Beverages: Afternoon tea, coffee, hot chocolate, and purified mountain water
ACCOMMODATION	Private 4-season mountain tent with thick foam mattress, mess tent, and private chemical toilet tent.
INCLUDED SERVICES	Wilderness First Responder lead guides (1:2 ratio) • Porter team luggage transport (up to 15kg) • Daily SpO2 pulse oximeter & altitude checks • Hot water basins for washing and boiled drinking water
ROUTE HIGHLIGHTS	Steep ridge climbing through mossy cloud forest • Views of deep river gorges on both flanks

DAY 2 Umbwe Cave (2,850m) to Barranco Camp (3,960m)

Ascent/Descent: +1,110m ascent | Distance: 6 km (3.7 miles) | Duration: 4 - 5 hours | Habitat / Zone: Heath to Moorland

The highlight ridge day: hike along a dramatic knife-edge rocky ridge with steep drops on both sides into river gorges. Emerge into the moorland zone and descend into Barranco Camp under Kibo's southern wall.

MEALS PROVIDED	Breakfast: Cooked breakfast: Porridge, eggs made to order, toast, sausages & hot drinks Lunch: Warm lunch at camp: Pancakes, fresh salad, soup & fruit Dinner: Hot dinner: Minestrone soup, grilled chicken, mashed potatoes & sauteed greens Beverages: Tea, coffee, cocoa, and purified water
ACCOMMODATION	Private 4-season tent at Barranco Camp beneath southern glaciers with foam mattress and private toilet tent.
INCLUDED SERVICES	Careful guide spotting along exposed knife-edge ridges • Camp fully set up before arrival by porters • Daily vital signs and pulse oximeter check
ROUTE HIGHLIGHTS	Knife-edge ridge scramble with dramatic gorge drops • Panoramic views of Kibo's southern icefields

DAY 3 Acclimatization Day at Barranco Camp (3,960m)

Ascent/Descent: Short acclimatization hikes | Distance: 3 km (1.8 miles) | Duration: 2 - 3 hours | Habitat / Zone: Moorland

Rest day to adjust to the sudden 2,360m altitude gain from days 1 and 2. Gentle acclimatization hike towards the base of Barranco Wall.

MEALS PROVIDED	Breakfast: High-energy breakfast: Oatmeal, eggs, pancakes, fruit & tea/coffee Lunch: Fresh hot lunch in mess tent: Vegetable pie, salad, chips & fruit Dinner: High-carb dinner: Tomato soup, spaghetti bolognese, garlic bread & peaches Beverages: Herbal teas, hot chocolate, and purified water
ACCOMMODATION	Private 4-season tent at Barranco Camp with foam mattress and private toilet tent.
INCLUDED SERVICES	Guided acclimatization stroll to base of Barranco Wall • Full afternoon relaxation for altitude adaptation • Daily SpO2 and Lake Louise altitude scoring
ROUTE HIGHLIGHTS	Acclimatization walk in the Giant Senecio valley • Photography of Heim and Kersten glaciers

DAY 4 Barranco Camp (3,960m) to Karanga Camp (4,035m)

Ascent/Descent: +75m net gain (via 257m Barranco Wall) | Distance: 5 km (3.1 miles) | Duration: 4 - 5 hours | Habitat / Zone: Alpine Desert

Climb the Great Barranco Wall and traverse the scree gullies to Karanga Camp for an extra night of altitude acclimatization.

MEALS PROVIDED	Breakfast: French toast, scrambled eggs, porridge, fresh fruit & hot drinks Lunch: Hot lunch at Karanga Camp: Vegetable pie, salad, chips & fruit Dinner: High-carb dinner: Tomato soup, spaghetti bolognese, garlic bread & peaches Beverages: Tea, coffee, cocoa, and purified water
ACCOMMODATION	Private 4-season tent at Karanga Camp (4,035m) with foam mattress and private toilet tent.
INCLUDED SERVICES	Guide spotting on Barranco Wall • Half-day trek for muscle recovery and acclimatization • Twice-daily pulse oximetry checks
ROUTE HIGHLIGHTS	Hands-on scramble of the Great Barranco Wall • Glacier views and afternoon relaxation

DAY 5 Karanga Camp (4,035m) to Barafu Base Camp (4,640m)

Ascent/Descent: +605m ascent | Distance: 4 km (2.5 miles) | Duration: 3 - 4 hours | Habitat / Zone: Alpine Desert

Connect to the Mweka trail junction and push to Barafu Base Camp. Rest before the midnight summit push.

MEALS PROVIDED	Breakfast: Cooked breakfast: Porridge, eggs, toast, sausages & hot drinks Lunch: Warm lunch at Barafu: Vegetable rice, chicken curry, salad & fruit Dinner: Early pre-summit dinner (17:30): Pasta, light sauce, chicken & hot cocoa Beverages: Hot tea, bouillon, and insulated flasks filled with water
ACCOMMODATION	Private 4-season tent on rocky platforms at Barafu Base Camp (4,640m).
INCLUDED SERVICES	Full pre-summit gear check and detailed strategy briefing • Medical checkup: SpO2, heart rate, and hydration check • Midnight wake-up with warm tea and biscuits
ROUTE HIGHLIGHTS	Alpine desert trek with panoramic views of Mawenzi • Summit preparation and mental conditioning

DAY 6 Summit Push: Barafu to Uhuru Peak (5,895m) down to Mweka Camp (3,100m)

Ascent/Descent: +1,255m ascent, -2,795m descent | Distance: 17 km total (5km up, 12km down) | Duration: 11 - 15 hours | Habitat / Zone: Arctic Summit to Heather

Ascend Stella Point and stand on the summit of Kilimanjaro at sunrise. Descend to Barafu and continue down to Mweka Camp.

MEALS PROVIDED	Breakfast: Midnight snack before push; summit tea and chocolate at Stella Point Lunch: Celebration lunch at Barafu Base Camp Dinner: Summit celebration dinner at Mweka Camp Beverages: Hot drinks, warm soup, and celebration fruit juices
ACCOMMODATION	Private 4-season tent at Mweka Camp (3,100m) in rich forest oxygen.
INCLUDED SERVICES	Dedicated guide summit support with emergency oxygen • Continuous vital sign monitoring • Porter greeting and hot recovery soup
ROUTE HIGHLIGHTS	Sunrise at Stella Point over the African plains • Standing on Uhuru Peak (5,895m) - Roof of Africa

DAY 7 Mweka Camp (3,100m) to Mweka Gate (1,650m) & Transfer

Ascent/Descent: -1,450m descent | Distance: 10 km (6.2 miles) | Duration: 3 - 4 hours | Habitat / Zone: Rainforest

Walk down to Mweka Gate, receive gold summit certificates, and transfer back to hotel.

MEALS PROVIDED	Breakfast: Full camp breakfast: Eggs, sausages, fruit, bread & hot drinks Lunch: Celebration farewell lunch with cold drinks at hotel Dinner: Hotel dinner or personal leisure Beverages: Celebration beers, fresh juice, and purified water
ACCOMMODATION	Comfortable lodge/hotel in Moshi or Arusha with private hot shower.
INCLUDED SERVICES	TANAPA Gold Kilimanjaro Summit Certificate presentation • Porter and guide tipping ceremony and celebration song • Private transfer from gate to hotel
ROUTE HIGHLIGHTS	Rainforest descent hike • Certificate ceremony and celebration

PACKAGE INCLUSIONS & EXCLUSIONS • FULL TRANSPARENCY

? WHAT IS INCLUDED

- All Kilimanjaro National Park (TANAPA) conservation and entrance fees
- All mountain camping fees or hut fees and government value-added taxes (VAT)
- Mandatory national park mountain rescue service insurance
- Licensed, wilderness first responder (WFR) certified head guide and assistant guides (1:2 ratio)
- Dedicated mountain chef preparing 3 nutritious, high-energy hot meals daily
- Ethical porter team carrying personal luggage (up to 15kg duffel bag per climber)
- High-altitude 4-season expedition tents (Mountain Hardwear / North Face) and thick foam sleeping mattresses
- Private portable chemical toilet tent with sanitary disposal system
- Spacious, insulated dining mess tent with tables and backed chairs
- Emergency medical bottled oxygen cylinders and hyperbaric altitude management protocols
- Twice-daily medical checks including pulse oximeter oxygen saturation (SpO2) and heart rate
- Unlimited boiled, chemically purified mountain drinking water
- Official TANAPA Gold Summit Certificates upon successful Uhuru Peak ascent
- Round-trip airport and trailhead transfers in private air-conditioned vehicles

? WHAT IS EXCLUDED

- International and domestic flights
- Tanzania tourist entry visa (\$50-\$100 depending on nationality)
- Comprehensive travel, medical, and high-altitude evacuation insurance
- Personal mountain trekking clothing and gear (sleeping bag, trekking poles, thermal layers)
- Customary tipping/gratuities for mountain guides, cook, and porters (KPAP recommended guidelines)
- Personal expenses, laundry, souvenirs, and alcoholic beverages

KPAP CERTIFIED ETHICAL TREATMENT • WILDERNESS FIRST RESPONDER SAFETY

Reputable Tours is an accredited partner of the Kilimanjaro Porters Assistance Project (KPAP). We guarantee ethical working conditions, fair living wages, nutritious hot meals, warm mountain clothing, and a strict 15kg weight limit for our porter crew. Every mountain expedition carries medical oxygen, pulse oximeters, and is led by licensed Wilderness First Responders.

READY TO EXPERIENCE THIS ROUTE?

Our native expedition specialists are ready to tailor this itinerary to your preferred departure dates, group size, and accommodation preferences.

Visit <https://reputabletours.com> to customize your departure or chat with our operations desk.

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