



REPUTABLE TOURS & SAFARIS LTD

TANZANIA SAFARIS • KILIMANJARO TREKKING EXPEDITION SPECIALISTS

TALA LICENSED OPERATOR

KPAP CERTIFIED ETHICAL PARTNER

TATO MEMBER

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KILIMANJARO TREKKING EXPEDITION

Rongai Route

"The Northern Wilderness Trail" • Mount Kilimanjaro (5,895m (19,341 ft))

ALL-INCLUSIVE RATE FROM

\$2,100

USD / PERSON (GUARANTEED)

STANDARD DURATION 7 Days / 6 Nights	MAX ELEVATION 5,895m (19,341 ft)	ROUTE DIFFICULTY Moderate	SUCCESS RATE 92% (7-Day) / 84% (6-Day)
ACCLIMATIZATION PACING Optimal "Climb High, Sleep Low" Profile via Lava Tower (4,630m)	ACCOMMODATION STYLE Expedition Tents	BEST SEASON WINDOW Excellent Year-Round (Driest Route, Best during April-May & Nov rains)	STARTING DEPARTURE POINT Official National Park Gate / Moshi Hub

ABOUT THIS ROUTE • COMPREHENSIVE OVERVIEW

Trek Mount Kilimanjaro via the northern Rongai Route (7 or 6 days). Driest trail near the Kenyan border, Mawenzi Tarn camp, uncrowded wilderness, and high summit success.

Tactical Route Dynamics: Climbers traverse five distinct ecological zones—from the lush, ancient montane rainforest to high heather moorland, alpine volcanic deserts, and arctic glacier summits. With our certified Wilderness First Responder guides maintaining a strict 1:2 guide-to-climber ratio, your team enjoys continuous physiological monitoring, rhythmic "Pole Pole" pacing, and dedicated camp support.

SIGNATURE ROUTE HIGHLIGHTS • KEY WAYPOINTS

? 7 Days / 6 Nights Northern Wilderness Trek

? Acclimatization Day at Mawenzi Tarn Camp (4,315m)

? Driest Route on Mountain (In Rain Shadow)

? True Mountain Traverse (Ascend North, Descend South)

? Gentler Gradients Suitable for Active Beginners

? KPAP Certified Ethical Mountain Porters

EXPEDITION CAMP STANDARDS • WILDERNESS COMFORT & HYGIENE

- HIGH-ALTITUDE 4-SEASON EXPEDITION TENTS:** Premium double-walled, windproof tents (Mountain Hardwear Trango / North Face VE-25) paired with 3-inch high-density insulated sleeping mattresses.
- PRIVATE CHEMICAL PORTABLE TOILET TENTS:** Dedicated, sanitary portable chemical toilet tents reserved exclusively for your party, cleaned and disinfected twice daily.
- INSULATED DINING MESS TENT:** Spacious stand-up mess tent equipped with backed chairs, folding tables, gas lanterns, and warm hand-wash basins before every meal.
- MOUNTAIN CHEF NUTRITION & PURIFIED WATER:** Three hot, freshly prepared high-carbohydrate meals daily, afternoon tea with biscuits, and unlimited chemically purified drinking water.
- MEDICAL SAFETY EQUIPMENT:** Emergency medical bottled oxygen cylinders, hyperbaric treatment kits, comprehensive wilderness first aid, and twice-daily pulse oximetry vital checks.

DAY-BY-DAY COMPREHENSIVE ITINERARY • ROUTE PROGRESSION

DAY 1 Rongai Gate / Nale Moru (1,950m) to First Cave Camp (2,620m)

Ascent/Descent: **+670m ascent** | Distance: **6.5 km (4 miles)** | Duration: **3 - 4 hours** | Habitat / Zone: **Montane Forest & Farmland**

Drive through the northern foothills near the Kenyan border to Nale Moru village. Trek through pine plantations and indigenous forest to First Cave Camp with views of Kenyan plains.

MEALS PROVIDED	Breakfast: Lodge breakfast before northern foothills drive Lunch: Packed trail lunch: Roasted chicken, boiled egg, cheese sandwich, fresh fruit & juice Dinner: 3-Course freshly cooked dinner: Vegetable soup, beef stew, rice & fresh fruit Beverages: Afternoon tea, coffee, hot chocolate, and purified mountain water
ACCOMMODATION	Private 4-season mountain tent with thick foam mattress, mess tent, and private chemical toilet tent.
INCLUDED SERVICES	Wilderness First Responder lead guides (1:2 ratio) • Porter team luggage transport (up to 15kg) • Daily SpO2 pulse oximeter & altitude checks • Hot water basins for washing and boiled drinking water
ROUTE HIGHLIGHTS	Northern flank indigenous forest trek • Views of Kenyan plains and remote pine valleys

DAY 2 First Cave Camp (2,620m) to Kikelewa Cave (3,675m)

Ascent/Descent: **+1,055m ascent** | Distance: **9 km (5.6 miles)** | Duration: **5 - 6 hours** | Habitat / Zone: **Moorland**

Ascend past Second Cave with sweeping vistas of Kibo Peak and the eastern icefields. Camp at Kikelewa Cave nestled in a sheltered valley.

MEALS PROVIDED	Breakfast: Cooked breakfast: Porridge, eggs made to order, toast, sausages & hot drinks Lunch: Warm lunch at Second Cave: Pancakes, fresh salad, soup & fruit Dinner: Hot dinner: Minestrone soup, grilled chicken, mashed potatoes & sauteed greens Beverages: Tea, coffee, cocoa, and purified water
ACCOMMODATION	Private 4-season tent at Kikelewa Cave Camp with foam mattress and private toilet tent.
INCLUDED SERVICES	Guide pacing and acclimatization monitoring • Full campsite setup by porters ahead of arrival • Daily vital signs and pulse oximeter check
ROUTE HIGHLIGHTS	Ascent into open moorland with views of Kibo and Mawenzi • Exploration of Kikelewa valley geology

DAY 3 Kikelewa Cave (3,675m) to Mawenzi Tarn Camp (4,315m)

Ascent/Descent: **+640m ascent** | Distance: **6 km (3.7 miles)** | Duration: **3 - 4 hours** | Habitat / Zone: **Alpine Desert**

Steep hike up grassy slopes into the stark alpine desert. Mawenzi Tarn Camp is situated in a dramatic cirque beneath the jagged volcanic spires of Mawenzi Peak.

MEALS PROVIDED	Breakfast: Energy breakfast: Porridge, pancakes, eggs, fruit & tea/coffee Lunch: Hot lunch at Mawenzi Tarn Camp: Soup, chicken wraps, chips & fruit Dinner: 3-Course dinner: Butternut soup, beef stir-fry with rice, steamed veg & dessert Beverages: Afternoon tea, biscuits, and purified water
ACCOMMODATION	Private 4-season tent beneath Mawenzi's towering rock spires with foam mattress and private toilet tent.
INCLUDED SERVICES	Steady alpine pacing toward dramatic high-altitude tarn • Daily medical checks with pulse oximeter • Porter transport and campsite setup
ROUTE HIGHLIGHTS	Camping beside an alpine tarn beneath Mawenzi Peak • Spectacular afternoon rock wall photography

DAY 4 Acclimatization Day at Mawenzi Tarn (4,315m)

Ascent/Descent: **Short hikes up to 4,500m** | Distance: **3 km (1.8 miles)** | Duration: **2 - 3 hours** | Habitat / Zone: **Alpine Desert**

Crucial acclimatization rest day. Hike towards the Mawenzi ridge for jaw-dropping views of Kenya and Kibo before returning for hot lunch and rest.

MEALS PROVIDED	Breakfast: High-energy breakfast: Oatmeal, eggs, toast & hot tea/coffee Lunch: Fresh hot lunch in mess tent: Vegetable pie, salad, chips & fruit Dinner: High-carb dinner: Tomato soup, spaghetti bolognese, garlic bread & peaches Beverages: Herbal teas, hot chocolate, and purified water
ACCOMMODATION	Private 4-season tent at Mawenzi Tarn Camp with foam mattress and private toilet tent.
INCLUDED SERVICES	Guided acclimatization ridge hike with guide • Full afternoon relaxation to boost red blood cell production • Daily SpO2 and Lake Louise altitude scoring
ROUTE HIGHLIGHTS	Acclimatization walk along Mawenzi Ridge • Sweeping panoramic vistas across the Kenyan border

DAY 5 Mawenzi Tarn (4,315m) across The Saddle to Kibo Hut (4,700m)

Ascent/Descent: +385m ascent | Distance: 9 km (5.6 miles) | Duration: 4 - 5 hours | Habitat / Zone: Alpine Desert ("The Saddle")

Cross the lunar landscape of "The Saddle" connecting Mawenzi and Kibo. Arrive at Kibo Hut at the base of the summit cone for an early summit dinner.

MEALS PROVIDED	Breakfast: Warm breakfast: Porridge, eggs, toast, sausages & hot drinks Lunch: Packed lunch on the Saddle: Sandwiches, fruit, boiled egg & juice Dinner: Early pre-summit dinner (17:30): Easy-to-digest pasta, light chicken sauce & hot cocoa Beverages: Hot tea, bouillon, and insulated water flasks
ACCOMMODATION	Private 4-season tent at Kibo base camp with foam mattress and private toilet tent.
INCLUDED SERVICES	Summit gear inspection and detailed climb briefing • Medical checkup: SpO2, heart rate, and hydration check • Wake-up call at 23:00 with warm tea and biscuits
ROUTE HIGHLIGHTS	Crossing the vast lunar expanse of the Alpine Saddle • Pre-summit rest and preparation

DAY 6 Summit Night: Kibo Hut to Uhuru Peak (5,895m) down to Horombo Hut (3,720m)

Ascent/Descent: +1,195m ascent, -2,175m descent | Distance: 6 km ascent, 15 km descent (21 km total) | Duration: 11 - 15 hours | Habitat / Zone: Arctic Glacial to Moorland

Depart at midnight up the scree slopes to Gilman's Point (5,681m) on the crater rim. Continue along the crater rim to Uhuru Peak (5,895m). Descend via the Marangu trail to Horombo Hut.

MEALS PROVIDED	Breakfast: Midnight energy snack; dawn summit tea and chocolate at Gilman's Point Lunch: Hot recovery soup and lunch at Kibo Hut Dinner: Summit celebration dinner at Horombo Beverages: Hot drinks, warm soup, and celebration fruit juices
ACCOMMODATION	Camp/Hut at Horombo (3,720m) with thick foam mattress and private toilet tent.
INCLUDED SERVICES	1:1 or 1:2 guide summit support with emergency oxygen • Continuous vital sign monitoring • Porter greeting and hot recovery soup
ROUTE HIGHLIGHTS	Sunrise at Gilman's Point over the eastern icefields • Standing on Uhuru Peak (5,895m) - Roof of Africa

DAY 7 Horombo Hut (3,720m) to Marangu Gate (1,860m) & Transfer

Ascent/Descent: -1,860m descent | Distance: 20 km (12.4 miles) | Duration: 5 - 6 hours | Habitat / Zone: Moorland to Rainforest

Descend past Mandara Hut through the rainforest down to Marangu Gate. Receive certificates and transfer to Moshi/Arusha.

MEALS PROVIDED	Breakfast: Full camp breakfast: Eggs, sausages, fruit, bread & hot drinks Lunch: Celebration farewell lunch with cold drinks at hotel Dinner: Hotel dinner or personal leisure Beverages: Celebration beer, fresh juice, and mineral water
ACCOMMODATION	Quality hotel in Moshi/Arusha with private hot shower and Wi-Fi.
INCLUDED SERVICES	Presentation of official TANAPA climbing certificates • Crew tipping ceremony and farewell Kilimanjaro song • Private transfer from park gate to hotel
ROUTE HIGHLIGHTS	Rainforest descent and certificate ceremony • Hot shower and celebration at lodge

PACKAGE INCLUSIONS & EXCLUSIONS • FULL TRANSPARENCY

? WHAT IS INCLUDED

- All Kilimanjaro National Park (TANAPA) conservation and entrance fees
- All mountain camping fees or hut fees and government value-added taxes (VAT)
- Mandatory national park mountain rescue service insurance
- Licensed, wilderness first responder (WFR) certified head guide and assistant guides (1:2 ratio)
- Dedicated mountain chef preparing 3 nutritious, high-energy hot meals daily
- Ethical porter team carrying personal luggage (up to 15kg duffel bag per climber)
- High-altitude 4-season expedition tents (Mountain Hardwear / North Face) and thick foam sleeping mattresses
- Private portable chemical toilet tent with sanitary disposal system
- Spacious, insulated dining mess tent with tables and backed chairs
- Emergency medical bottled oxygen cylinders and hyperbaric altitude management protocols
- Twice-daily medical checks including pulse oximeter oxygen saturation (SpO2) and heart rate
- Unlimited boiled, chemically purified mountain drinking water
- Official TANAPA Gold Summit Certificates upon successful Uhuru Peak ascent
- Round-trip airport and trailhead transfers in private air-conditioned vehicles

? WHAT IS EXCLUDED

- International and domestic flights
- Tanzania tourist entry visa (\$50-\$100 depending on nationality)
- Comprehensive travel, medical, and high-altitude evacuation insurance
- Personal mountain trekking clothing and gear (sleeping bag, trekking poles, thermal layers)
- Customary tipping/gratuities for mountain guides, cook, and porters (KPAP recommended guidelines)
- Personal expenses, laundry, souvenirs, and alcoholic beverages

KPAP CERTIFIED ETHICAL TREATMENT • WILDERNESS FIRST RESPONDER SAFETY

Reputable Tours is an accredited partner of the Kilimanjaro Porters Assistance Project (KPAP). We guarantee ethical working conditions, fair living wages, nutritious hot meals, warm mountain clothing, and a strict 15kg weight limit for our porter crew. Every mountain expedition carries medical oxygen, pulse oximeters, and is led by licensed Wilderness First Responders.

READY TO EXPERIENCE THIS ROUTE?

Our native expedition specialists are ready to tailor this itinerary to your preferred departure dates, group size, and accommodation preferences.

Visit <https://reputabletours.com> to customize your departure or chat with our operations desk.

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